


## CYPP - Improvement Programme Highlight Report

*This highlight report updates the Somerset Children's Trust Executive (SCT) about the project's progress to date. It also provides an opportunity to raise concerns and issues with the SCT, and alert them to any changes that may affect the project.*

*Complete all fields where applicable and state 'nil return' where there is nothing to report in this period*

<b>Programme:</b>	<b>3 Improving Emotional Health and Wellbeing</b>		
<b>Delivery Group:</b>	Commissioning Group for Children and Young People's Mental Health, Emotional and Psychological Wellbeing	<b>Year:</b>	2017/18
<b>Delivery Group Chair:</b>	Dorothy Mukasa - Interim Head of Joint Commissioning (Mental Health and Learning Disabilities) Somerset County Council & Somerset Clinical Commissioning Group	<b>Report Date:</b>	13/04/2018
<b>Scrutiny Committee Champion:</b>	<i>Vacant position</i>		

### 1. Overall Improvement Programme Status

<b>Current Status:</b>	<b>GREEN</b> This Programme is currently rated as being on track for majority of actions to be completed by end March 2018	<b>Status Trend:</b> <i>(delete as appropriate)</i>	
<b>Reason for current status:</b>	Progress has been made at a steady rate, but developing new areas of work have taken longer than initially anticipated. Five actions remained at a RED RAG rating at the end of March 2018; however there are remedial actions which take them into Year 3.		

### 2. Progress since last Highlight Report

*Include evidence of how the plan has incorporated the voice and needs of children*

#### Achievements:

- Two self-harm tier 2 liaison posts have been secured with NHS England funds, and the self-harm action plan has now been developed with further work in Year 3.
- Kooth online counselling has increased access to children and young people's mental health support at Tier 2. The number of children and young people registered with Kooth has increased by 53% this quarter (Q4: 430 / Q3: 203), and the number of children and young people receiving online counselling has improved by 52% (Q4: 104 / Q3: 50).
- Parent Carer Toolkit has been developed further and is now available on the Public Health

Children and Young People website showing a 12% increase in unique hits on the parent information pages.

- 15 children and young people including Children and Adolescent Mental Health Services (CAMHS) Participation group took part in 2 workshops to refresh the LifeHacks materials.
- SHARE (Schools, Health and Resilience Education) project progressed working in partnership with Educational Psychologists and Public Health emotional health and wellbeing school based work.
- The case study below highlights the work of the Schools Health and Resilience (SHARE) Team within a school setting:



Case Study SHARE  
Team.docx

### Slippage (give reasons and remedial actions)

- The post for an additional Clinical Psychologist on the Emotional Health and Wellbeing Team has not been recruited to due to lack of applications. There is a plan to explore further options and review how successful the interim arrangements have been with the involvement of an Educational Psychologist. This action will continue as a priority into Year 3.
- Central data dashboard has not yet been established, however work has commenced through Somerset Commissioning Academy - SCC and the CCG.

### 3. Actions and outputs for the next period:

- To complete recruitment to all new services and to fully launch new services.
- Continue to develop data flows across services.
- An additional 80 primary phase staff will be trained in Emotion Coaching between May and July 2018.
- Self-harm action plans being implemented in full has been delayed due to capacity issues across all partners and needing further understanding about the local evidence related to hospital admissions and repeat admissions. Increased capacity has been sourced and two new posts based in the CAMHS service will help address some of the most important needs identified. Regional research being undertaken by PHE will help improve our understanding of the local data and priority actions needed.
- To review and implement the new action plan for 2018/2019.

### 4. Most significant current risk/s:

- Capacity within the system to deliver at the scale and pace required.
- Work being carried out across health, education, social care and voluntary sector needs to be joined up at senior and operational levels and carried out in partnership as there remains a risk of duplication or gaps and the 'offer' not being clear to children and young people and support staff.

### 5. Most significant current issue/s:

- Difficulties in recruiting to the remaining posts in the Children Looked After Team.
- No funding secured for perinatal mental health services (revised bid was completed and

awaiting result in Y3Q1).








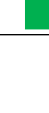
- System wide response to self-harm levels.
- Quality and quantity of data being shared in relation to children and young people mental health and emotional wellbeing services across the system needs to improve.



## 6. Variances:



*nil return*

## 7. Decisions required from Somerset Children's Trust:

*None*

Outcome measure/Performance Indicators	Current performance	Direction of travel <i>(delete as appropriate)</i>
Number of Mental Health First Aid courses <i>Target: All secondary schools</i>	Q4: 80 school staff trained by end of academic year 2017/18	Q3: 2 schools providing training- 34 staff trained
Increase numbers trained through Emotion Coaching	Q4: 406	Q3: 326 
Increase unique hits on parent information pages on Public Health CYP website	Q4: 1011	Q3: 893 
Increase number of referrals into CAMHS Single Point of Access	Q3: 874	Q1: 731 Q2: 690 
Referral to assessment times for CAMHS routine referrals <i>95% assessed within 8 weeks</i>	Q4: 87.8%	Q2: 86.3% 
Referral to treatment times for CAMHS routine referrals <i>95% starting treatment within 18 weeks</i>	Q4: 100%	Q3: 99.4% 
Referral to treatment times for CAMHS emergency referrals <i>95% seen within 24 hours</i>	Q4: 100%	Q3: 100% 
Referral to treatment times for CAMHS urgent referrals <i>95% seen within 7 days</i>	Q4: 100%	Q3: 100% 
Number of young people registered with Kooth online counselling <i>No maximum</i>	Q4: 430	Q3: 203 

Outcome measure/Performance Indicators	Current performance	Direction of travel <i>(delete as appropriate)</i>
Number of young people receiving online counselling through Kooth <i>100 hours of counselling to be delivered/ month (can include repeat sessions for same young person)</i>	Q4: 104	Q3: 50 
Number of 'requests for support' made to Phoenix service (Child Sexual Abuse support service)	Q4: 45 children seen 17 requests 26 receiving 1:1 support	Q3: 32 children being seen 
Number of consultations provided by Phoenix service to professionals	Q4: 17 104 offered training	60

KEY		
Shows improvement 	Stayed the same 	Has deteriorated 